

## Junior Zone Nights

The Junior Zone is a fun-filled night with music, comprised of drills, games, and match play for Red, Orange, Green, and Yellow Ball players. These nights will be posted monthly and sign-up will be in advance.

schedule	fee
Saturday, 4.30-6pm	\$ 30 per player

All rates valid through June 30, 2021.

## Winter–Spring 2021 16-Week Schedule

Sunday	2/7-6/20 (no play 2/14, 3/28, 4/4, 5/30)
Monday	2/1-6/7 (no play 2/15, 3/29, 5/31)
Tuesday	2/2-6/1 (no play 2/16, 3/30)
Wednesday	2/10-6/9 (no play 2/17, 3/31)
Thursday	2/11-6/10 (no play 2/18, 4/1)
Friday	2/12-6/11 (no play 2/19, 4/2)
Saturday	2/6-6/12 (no play 2/20, 4/3, 5/29)

**Make-up Days** To be announced.

## Junior Tennis COVID-19 Safety Guidelines

**Air Filtration** MERV air filters that filter out viruses and purify the air have been installed both in the lobby and in the tennis court air filtration system.

**Hand Sanitizer** Hand sanitizer has been made available at exits and entrances to the building and to the tennis courts. **Players MUST use sanitizer or wash their hands upon entering the court.**

**Masks** **Masks must be worn at all times in the lobby and hallways as well as when entering and exiting the tennis courts.** Masks may be taken off when playing tennis. Coaches will have masks readily available if social distancing cannot be achieved at any point during a lesson.

**Temperature Checks** Everyone entering the building will be required to do a temperature check at the entrance to the building. Anyone who is experiencing symptoms of COVID-19 or has a temperature of 99.9 degrees or higher will not be admitted.

**Entrance/Exit** Players must enter in from the main entrance and exit from the emergency exit in between both sides of tennis courts on the bottom floor.

**Pickup/Drop Off** One Parent/Guardian is allowed to stay during the lesson. We encourage parents with players ages 10 and under to please stay during the lesson in case the player needs to use the restroom.

**Social Distancing** The number of players on each court has been reduced to 4 players for Yellow, Orange, and Green groups. Red Ball will be limited to 8 players because they play over mini-nets and social distancing can still be effectively achieved.

**Court Time Staggering** We have staggered starting and ending times on the half hour whenever possible so that both sides of the building are arriving and leaving at separate times. Please leave the building as soon as possible; no socializing in the lobby or hallways.

**Equipment Cleaning** Tennis Balls, Ball Carts, and Hoppers will be disinfected daily.

**Player Health** **If your child is experiencing ANY symptoms of COVID-19, DO NOT bring them to the club.** If your child tests positive for COVID-19, they will not be allowed back to play until they have a gotten a negative test for the virus. If someone tests positive, Eastern Athletic will follow State and County Department of Health Guidelines for the safety of players, members, and staff.



# Tennis Winter–Spring 2021

## Junior Academy – Blue Point

Eastern Athletic Club's Junior Academy offers a wide range of programs for the beginner to the advanced player. Our experienced staff of dedicated tennis professionals are ready to help your child learn and enjoy the sport for a lifetime.



BLUE POINT 9A MONTAUK HIGHWAY 631 363-2882  
DIX HILLS 854 EAST JERICHO TURNPIKE 631 271-6616  
MELVILLE 100 RULAND ROAD 631 420-1310  
[EASTERNATHLETICCLUBS.COM](http://EASTERNATHLETICCLUBS.COM)



## Guidelines For All Programs

<b>Membership</b>	<b>NO MEMBERSHIP IS REQUIRED FOR PROGRAM ENROLLMENT.</b> Membership is required if a student wants to use the Fitness Center.
<b>Fees</b>	A deposit of 25% must be made upon registration. A payment plan of three additional payments is allowed after registration. Players must be paid in full from the Fall Session in order to register for the Winter-Spring Session. It is also understood that enrollment in any of our programs is for the full session and <b>NO REFUNDS</b> will be given for withdrawals after the session begins.
<b>Make-ups</b>	Due to social distancing protocols and enrollment limitations, there are no make-ups allowed during the session. Makeup classes will be offered towards the end of the Winter-Spring Session. For Private Lessons, 2 make-ups are allowed for the 16-week session.
<b>Pros</b>	We reserve the right to substitute pros.
<b>Social Distancing</b>	Orange, Green, and Yellow Ball groups will be limited to 4 players per court to ensure social distancing. Red Ball groups will be limited to 8 players because they play over mini-nets.
<b>COVID-19 Safety</b>	Please see the Program Safety Guidelines on the last page.
<b>Contact</b>	Gary Gaudio 631 363-6063, eacjrtennis@gmail.com

We have instituted safe-health practices at all clubs, with plenty of social distancing and all members and staff required to wear face masks when not on tennis courts. MERV-13 hospital-grade air filters and HEPA air filtration units with UV lights are installed throughout the clubs, along with hand sanitizing disinfectant stations. Our staff wipe down surfaces in high traffic areas throughout the day.

## Winter–Spring 2021 16-Week Programs (except as noted)

### 10-and-Under Tennis Ages 5–10

This program will get your child playing right away. Low-compression orange and red tennis balls, smaller racquets, and shorter courts are used to help players successfully learn the game, rally, and play.

level	schedule (16 weeks)	
Red Ball (Ages 5-8)	Monday, 4-5pm	Thursday, 4.30-5.30pm
	Tuesday, 4-5pm	Friday, 5.30-6.30pm
	Wednesday, 4-5pm	Saturday, 11am-12noon
Orange Ball (Ages 8-10)	Monday, 5-6pm	Friday, 4.30-5.30pm
	Tuesday, 5-6pm	Saturday, 2-3pm
	Thursday, 4.30-5.30pm	
<b>Fee</b>	Red Ball	\$ 425
	Orange Ball	\$ 475

### Green Ball Ages 11–13

The Green Ball program uses a low-compression tennis ball and is for those players who have completed Orange Ball level or who are at an Intermediate level. Green Ball is the final level before the Player Development program.

level	schedule (16 weeks)	fee
Green Ball	Monday, 6-7pm	\$ 475
	Thursday, 5.30-7pm	\$ 645
	Saturday, 1-2pm	\$ 475

### Future Stars

This class is for Advanced 10-and-Under players and is designed to challenge them, to improve their skills, and compete in matches and USTA tournaments. Enrollment is by invitation only.

level	schedule (16 weeks)	fee
Orange Ball	Friday, 5-6.30pm	\$ 645

## Semi-Private Lessons

With only 2 students on the court, these lessons offer individual attention with the benefit of peer support. Students form their own group and register together. The fee is per student.

	16 Lessons: Staff Pro	Master Pro	Single Lesson: Staff Pro	Master Pro
½ hour	\$ 550	—	\$ 40	\$ 45
1 hour	\$ 945	\$1045	\$ 65	\$ 80

**Specials** For a 2-Hour Program, a 1-hour Semi-Private Lessons player pays only \$750.  
For a 1½-Hour Program, a 1-hour Semi-Private Lessons player pays only \$540.

## Private Lessons

These lessons are a great way to improve a player's game with the individual attention of a Club Pro. Each lesson is focused on the specific needs of the student, including skill development, strategy, and mental skills.

	16 Lessons: Staff Pro	Master Pro	Single Lesson: Staff Pro	Master Pro
½ hour	\$ 945	\$1095	\$ 65	\$ 75
1 hour	\$1630	\$1930	\$ 110	\$ 125

**Specials** For a 2-Hour Program, a 1-hour Private Lessons player pays only \$625.  
For a 1½-Hour Program, a 1-hour Private Lessons player pays only \$450.

## Junior League

The Junior League is supervised match play for boys and girls in Orange, Yellow, and Green Ball. The League is excellent for players who want to further develop their game with competitive match play. Players will play a different opponent each week and standings will be posted based on match results. Players must be enrolled in another 16-week program to participate. Players get 1½ hours of court time.

level	schedule (15 weeks)	fee
Orange/Green/Yellow	Sunday, 12noon-6pm	\$ 150

## Player Development

Four exciting programs for Advanced Beginners to Tournament Players. This group format is comprised of interactive courts featuring live-ball hitting, game-based drills, and point play. Proper court positioning, footwork, shot selection, strategy, and progressions will be taught. Students will learn how to compete and challenged to excel.

level	schedule (16 weeks)	fee
High Performance (ages 13+)	Thursday, 5.30-7pm	\$ 895 by invitation only
Excel (ages 13+)	Wednesday, 5.30-7pm	\$ 645
Elite (ages 10-12)	Wednesday, 5-7pm	\$ 895 by invitation only
Challenge (ages 11-16)	Tuesday, 5.30-7pm	\$ 645
	Friday, 6.30-8pm	\$ 645

## Winter–Spring 2021 Flexible Programs

### Match Competition Training

The Match Competition Training program is designed to prepare players with tactical and mental skills for singles and doubles match competition. Training sessions will be posted each month and sign-up will be in advance. Flexible registration is great for school season preparation.

schedule	fee
Saturday, 4-6pm	\$ 40 per session

### Boys Pre-Season Training

Instruction for players looking to get ready for the school team season. Programs will include stroke production, footwork, singles and doubles strategy and match play.

schedule (10 weeks)	fee
Monday, 7.30-9pm 2/1-4/19 (no play 2/15, 3/29)	\$ 405

All rates valid through June 30, 2021.

